Nadadores head coach Mark Schubert watches his daughter Tatum polish one of the silver victory cups to be presented at the Seventeen Magazine Swim Meet of Champions (see page 6).
people

Riley flying high at 4,000 hour mark

While walking from a hangar to his office at the Marine Corps Air Station in El Toro, Lt. Col. John Riley downplayed his most recent achievement, one that is considered a milestone among pilots of tactical aircraft.

"I think they're making a mountain out of a molehill," said Riley, a 21-year Marine Corps veteran who recently surpassed the 4,000 flight hour barrier in his A-4 Skyhawk attack bomber.

Despite Riley's modesty, his accomplishment is termed "very rare" by Marine Corps Public Affairs personnel.

"It's very unusual for a pilot to log that many hours in an A-4," a Marine Corps spokesperson noted. Riley has also recorded several hundred hours in the F-4 Phantom fighter jet.

Riley's feelings toward the feat, however, are no surprise to someone who has spent his last 19 years flying between 2,500 and 3,000 "sorties" or missions. The thought of zipping across the Pacific Ocean at 450 miles per hour or participating in tactical operations over the Southwest United States is as common for Riley as a commuter facing a freeway drive to work.

Included in his extensive flight log book are 260 missions over Vietnam, where he served as operations officer of the Wake Island Avengers. While discussing his 15 months of intensive duty in Southeast Asia, Riley again sidestepped the limelight.

"Some missions were routine and others were a bit more critical," he said, refusing to dwell upon the importance of his war efforts. Riley did admit he encountered considerable danger. His A-4 was shot at a number of times but he and the jet emerged unscathed.

"I never got hit, but then again I made it a point never to get hit," deadpanned Riley.

And in his 19 years of flying, he has never had to "punch out" or eject.

Riley, a resident of Mission Viejo for slightly less than a year, has supervised operations for Marine Attack Squadron 211, dubbed the Wake Island Avengers, since October of last year.

The squadron Riley now directs was the first in Marine aviation history to fly the A-4 for more than 20 years. Squadron 211 recently participated in Operation "Thunder Cope," considered to include the three most intensive warfare exercises ever conducted by the United States Armed Forces.

The Wake Island Avengers not only have an illustrious present, but a colorful past as well. The squadron's name was adopted in remembrance of pilots and men killed or captured in defense of Wake Island in the South Pacific during World War II.

A small squadron of just 12 Wildcats held out for 15 days against overwhelming odds against repeated Japanese assaults following their heroic defense proved to be an inspiration to the people of the United States.

With nearly two decades of tactical and dangerous flying time to his credit, Riley hasn't even considered switching to something safer, such as commercial aviation.

He says, "Flying an A-4 is a lot more interesting than just taking off and landing."

Skate-a-thon to benefit Cystic Fibrosis

Community residents are encouraged to get their legs in shape for the first annual Cystic Fibrosis "School's Out Skate" event from 10 a.m. to 9 p.m. on Sunday, June 14 at Mission Viejo Skateway.

The event, co-sponsored by Mission Viejo Company, is seeking to raise funds for research of Cystic Fibrosis, the number one genetic killer of America's youth.

Performances by five-time national roller skating champion Nancy Rico and a roller hockey team will highlight the skate-a-thon.
Adventure is on tap for Cooper's students

Robert Cooper has gone to great heights just to teach someone a lesson. Last time out, he went nearly 23,000 feet up a mountain. As leader of Saddleback College's travel programs, Cooper conducts weekend, weeklong and even one- and two-month long excursions each year.

On his most recent trip, he took six aspiring mountain climbers to Argentina to scale the 22,834-foot Cerro Aconcagua peak, the highest mountain in the Western Hemisphere and the highest in the world outside of the Himalayas.

"The sole purpose of the 30-day trip was to safely attempt to reach the summit," said Cooper. "Seven people attempted the climb and three of them reached the summit."

Despite the failure of four members reaching the top, Cooper noted, "Reaching the summit is at no time more important than the safety of the group. Our goal is to get all participants safely through the trips."

Along the way to Cerro Aconcagua, Cooper's group trekked across the land of the ancient Incas. All that remained, he said, was a thermal hot spring, used as a bath by the Incas in the late 14th century.

"We saw an Argentine military garrison, but no indigenous South Americans of pre-Columbian bloodlines — the Quechua and Aymara for instance," said Cooper. The excursion to Argentina was one of many to exotic places Cooper will make this year. He teaches mini-lecture courses in wilderness survival, back packing, mountaineering and cross country skiing, each of which culminate in a two or five-day trip. Some trips, such as the one to South America, last much longer.

The popularity and success of Cooper's travel adventures are reflected in long waiting lists for each outing. Cooper's favorite trip is one he is leading August 15-23 to the Grand Canyon and Havasupai reservation in Arizona.

"There is no place on this earth I would rather be than the Grand Canyon, and probably nothing I would rather doing more than rafting the rapids of the Colorado River," said Cooper. He considers the Havasupai area to be particularly beautiful because of its waterfalls and turquoise-colored water. Cooper's proclivity for adventure stems from his childhood. He was raised in the redwood forests of Northern California and thrilled by the physical challenge and beauty of outdoor life.

As an active member of the Explorers and later the California State University Alpine Club and Sierra Club, he learned wilderness survival skills, cave exploration, scuba diving, flying and many other outdoor skills.

He now has his own business, appropriately called "Scenic Adventures" and is a well-published author on travel adventure. Cooper has worked hard at his profession, one which many people would consider a lifelong vacation. He feels fortunate to be doing the kind of work he does.

"I feel a tremendous amount of gratitude toward anyone and everything that has allowed me to spend so much time exploring the most beautiful regions of the world," he said.
Swim champions gather for Seventeen Meet

Nearly 600 of the nation's finest swimmers make the tri-yearly pilgrimage to Mission Viejo June 19-21 for the fourth annual Seventeen Magazine Swim Meet of Champions.

The prestigious meet features competition in 34 events at the Mission Viejo International Swim Complex. Preliminary races to determine finalists begin at 10 a.m. each day with finals scheduled to start at 6 p.m.

Most of the Nadadores' top swimmers are entered in the meet. The Mission Viejo contingency, which recently swept the U.S. Indoor Nationals, will again be a strong contender for the men's, women's and combined team titles.

Leading the Nadadores will be Cynthia "Sippy" Woodhead, Marybeth Linzmeier, Florence Barker, Tiffany Cohen, Jesse Vassallo, Bill Barrett, Steve Banico and David McCagg.

Other top swimmers competing include Mary T. Regehr, Jill Sterkel, Kim Linehan, Tracy Cautkins, Craig Beardsley, Steve Luncquist, John Moffett and Jerry Spencer.

"This is one of the premier swim events of the year," said meet director and Nadadores head coach Mark Schubert. "It's a crucial meet in that most of the competitors are getting back in top form and preparing for the long course nationals. We're looking forward to record breaking performances."

Brian Goodell

Brian Goodell ends chapter of swimming history

When the award ceremonies for this year's Seventeen Magazine Swim Meet of Champions take place, a face that has been a permanent fixture on the winner's stand for the past three years will be missing.

Brian Goodell, whose reign as the king of freestyle competitive swimming has by no coincidence paralleled that of the Mission Viejo Nadadores' domination of the aquatics world, recently announced his retirement.

"I've accomplished all that I really wanted to do," said Goodell. Nobody can argue with the 22-year-old Goodell's brief yet succinct statement.

In his 16 years of swimming, he broke five world and 8 American records, was USA national champion an unprecedented 10 times, won nine NCAA championships and was honored as the world's top male swimmer in 1977 and 1979.

Along with the countless records and accolades, Goodell has also earned the highest praise of his swimming peers.

"Brian was a coach's dream," said Nadadores head coach Mark Schubert. "He possessed uncanny determination and talent. He was one in a million."

Ron Ballatore, Brian's coach at UCLA, where he will graduate from in June of 1982 with a degree in economics, noted Goodell "has a will to win that I've seen in few other athletes... he won't let himself be beaten. He can summon up those hidden reserves and turn it on when somebody's after him the few others."

Brian Goodell came to Mission Viejo in 1972 with the makings of a world class swimmer. Through total dedication to the sport and expert coaching, he made it to the nationals in 1974 while just a freshman at Mission Viejo High School.

The following year, he won the silver medal in the 1,500-meter freestyle at the world championships. In 1976, Brian helped bring the International spotlight to Mission Viejo when he won a pair of gold medals during the Montreal Olympics and broke world records in the 400m free (3:51.93) and 1,500m free (15:02.40).

At a dual meet in East Berlin in 1977, he lowered his 400m free world mark to 3:51.56. That same year, he recorded the world's fastest times in the 800m and 1,500m freestyle events.

At the 1979 long course nationals, Goodell won three individual events. Later that year, he brought home two gold medals from the Pan American Games in Puerto Rico.

While swimming for UCLA, Goodell was almost invincible as he won three NCAA titles in 1978, 1979 and 1980. He did not lose a single race during the 1978-79 collegiate season.

Ramed the 1980 "Swimmer of the Year" by Swimming World in the

800m free, Goodell capped his illustrious career this past April by winning the 1,000-yard freestyle in American record setting fashion at the U.S. Nationals. His 8:58.54 clocking eclipsed his own previous record.

Unlike many of the world's other male swimming superstars, Goodell is not a big man in stature. He doesn't have the height or the massive shoulders and upper chest many of his contemporaries possess.

He does, however, have within him the drive and, of course, the natural ability that make him one of swimming's all-time greats.

As one of Goodell's former coaches once observed, "I've seen him do repeats in practice I didn't think anybody could hold, but Brian does 'em consistently."

And in swimming, it's the extra effort and work that makes champions, just like Brian Goodell.

World class cyclists return to Mission Viejo

Mission Viejo will again host a stage of the Lowenbraun Grand Prix Cycling Series Saturday, June 6 at Lake Mission Viejo.

More than 200 of the world's top male and female bicyclists will sprint around the lake beginning at noon. The men's race will cover 50 miles (16 times around the lake) and the women's race 30 miles (10 laps).

Traffic on streets surrounding the lake will be rerouted or halted from 10:30 a.m. to 3 p.m. on race day.

Dephoff has car-free feeling

Unlike many people who commute to work, Don Dephoff never worries about gasoline prices. Dephoff, who until recently lived in Capistrano Beach, rollerskated seven days a week to and from work at Mission Viejo Skateway, a distance of 20 miles round trip.

The 21-year-old native of Texas now lives in Laguna Hills, but still logs at least 75 miles per week.

Dephoff says he skates to work out of necessity. "I really don't see anything special about what I do. It's my main means of transportation."

However, he thinks "it's good exercise and a lot of fun." The good exercise along with the fact that Dephoff has become hooked on rollerblading means he doesn't have to work on wheels where others drive has led to the inevitable — competitive long distance skating.

In late April, he competed in his first 10-kilometer skate race, finishing 82nd out of more than 700 entrants at Magic Mountain in Valencia. His time of 24:43 was about five minutes behind the winner.

Thirteen days ago, Dephoff skated in a 26-mile race in Long Beach. He has visions of a much longer trip.

"I've thought about going coast-to-coast and trying to break the record, but that won't be for a while, maybe another year."

For the record, a 21-year-old woman skated from San Diego to Savannah, Georgia (a distance of 2,389 miles) in just 35 days in 1979, averaging more than 60 miles per day.

If he does decide to attempt a transcontinental skate, Dephoff will be prepared for the time required of such an effort. He estimates his time on wheels at "about 10 hours a day."

And he's already used to many of the road hazards he might encounter.

"I get buzzed by cars occasionally, some people even act like they are going to hit me. But usually, people in cars just honk and wave."

Dephoff is also already accustomed to skating up hills and along busy thoroughfares. Before moving to Laguna Hills, his path to work took him along Pacific Coast Highway in Capistrano Beach to Camino Capistrano, which extends from Cape Beach to Laguna Niguel. He then traveled Avery Parkway to Marguerite Parkway to the Skateway.

The only difficult part was coming up Marguerite (between Avery and Oso), he noted.

The trip to work took one hour, but he made it in slightly less than 50 minutes a few times.

Distance skating, Dephoff contends, is easier than running. He draws the comparison from his experience as a cross country runner in high school.

"There's not as much strain on the knees or ankles. It's a very good way to stay in shape."

And a very inexpensive way to get to work.
## JUNE IN MISSION VIEJO

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### TELEPHONE DIRECTORY

- **Orange County Fire Department**: 538-3501
- **Orange County Sheriffs Department**: 634-3000
- **Orange County Transit District Dial-A-Ride**: 630-6500
- **U.S. Post Office (Mission Viejo branch)**: 495-5020
- **Saddleback Community Hospital**: 837-4500
- **Mission Community Hospital**: 831-2300
- **Mission Viejo Company**: 837-6900
- **Mission Viejo Recreation Centers**: 951-6872
- **Casta del Sol Recreation Center**: 837-6921
- **Lake Mission Viejo**: 770-1313
- **Mission Viejo Skateway**: 581-4647
- **Mission Viejo Equestrian Center**: 495-1571
- **Casta del Sol Public Golf Course**: 581-0940
- **Cultural Resources Center**: 770-0709
- **Community Maintenance (county roads)**: 634-7016
- **Community Maintenance (street sweeping)**: 837-3360
- **New Home Warranty**: 634-7005
- **New Home Sales**: 837-8917
- **New Home Sales**: 837-6050

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